FRANKLIN-ESSEX-HAMILTON SCHOOL DISTRICTS' HEALTH INSURANCE CONSORTIUM

JOINT GOVERNING BOARD MEETING

DATE:	February 28, 2019	
LOCATION:	Malone Bus Garage	
KIND OF MEETING:	Regular	
MEMBERS PRESENT:	Alison Riley-Clark - FEH BOCES (arrived 9:10) Stephen Shafer - Co-Chair, FEH BOCES Todd LaPage - Brushton-Moira Amber Spinner - Brushton-Moira Loretta Fowler - Chateaugay Art Trombley - Chateaugay Thomas Dodd - Lake Placid Dana Wood - Lake Placid Jerry Griffin - Malone	Daniel Tusa - Co-Chair, Malone Natascha Jock - Salmon River Eric Sharlow - Salmon River Cindy Moody- Saranac Lake Ellen Yousey- Saranac Lake Patricia Godreau-Sexton - St Regis Falls Wayne Walbridge- St Regis Falls Daniel Bower- Tupper Lake (arrived 9:10) Lisa Spangler- Tupper Lake (arrived 9:10)
MEMBERS ABSENT:		
OTHERS PRESENT:	Susan Perkins - Brushton-Moira/SRF Brian Fassett - Capital Region BOCES Jackie Cowan - Chateaugay Doug Grucza - Excellus BC/BS Alishia Davis - Excellus BC/BS Kristin Redmond - Excellus BC/BS Ernie Ruiz – Express Scripts Stephanie Bannon - FEH BOCES Chantal Munoz - FEH BOCES Stacy Vincent - FEH BOCES	Patrick Cowburn - KBM Michelle Porter – Keenan Michael Zagrobelny - NYSUT Patrick Calnon - Plan Coordinator Jennifer Winch – Lake Placid (Shadowing) Joseph Ianaconi – St. Regis Falls (Shadowing) Kristie Eddy - Salmon River (Shadowing) Doug Cochran - Tupper Lake (Union President)
CALL TO ORDER:	Co-Chair Shafer welcomed the Board to the meeting at 9:00 AM. He thanked Jerry Griffin and Malone CSD for the use of the facility. Co-Chair Shafer advised the board that he would be resigning his position as District Superintendent for purposes of retirement effective August 31, 2019.	
APPROVAL OF MINUTES:	Co-Chair Shafer asked for a motion to accept the minutes of the 11/28/18 meeting. Patricia Godreau-Sexton moved, seconded by Amber Spinner to accept the minutes. Yes - 15 No - 0, motion carried	

SAVEONSP:	White/Dat Combine
	a) Implementation Report – Angela White/Pat Cowburn Michelle Porter gave a quick review of the implementation of the SaveonSP process and stated that all documents had been signed. SaveonSP has an implementation date of April 1, 2019. Letters to members affected will be going out between now and April 1st.
ADVANCED UTILIZATION	a) Discussion regarding potential move to ESI Advantage Plus Plan
MANAGEMENT:	Ernie Ruiz reviewed the Advanced Utilization Management program and the benefits of putting this in place for both the Consortium and members.
	Dan Tusa indicated that there had been several instances where member's prescriptions had been denied for the number of pills requested. Ernie stated that he would check into this matter.
	A request was made for the actual number of individuals who were affected by the Utilization Management Program. Michelle Porter said she would research this and get back to the JGB. She stated that some members may not have been made aware of some of these rejections as it may have been handled directly by the pharmacy.
	Ernie stated that the Consortium is currently enrolled in the Limited Package.
	Thomas Dodd asked for a quarterly breakdown of the savings we have made with the current plan from March 2017 until the 4 th quarter of 2018. Ernie and Michelle stated they would provide this information back to the Board within 30 days.
	Ernie reviewed the process of how the new programs would be implemented if this were to be put in place.
	Thomas Dodd requested that Jerry Griffin consider amending his previous motion to move to the Advantage Package rather than the Advantage Package Plus program.
	Following discussion, the Employer group requested a caucus at 10:10 AM
	Returned 10:32 AM
	Jerry Griffin moved, seconded by Dan Bower to amend the prior motion to move to the Advanced Utilization Management Program Advantage Package effective July 1, 2018 grandfathering Step Therapy for existing users and prior authorizations for six months.
	Yes – 17 No – 1 (Dan Tusa), motion carried

EXCELLUS:

a) Six Month Report

Doug introduced Alishia Davis who is the replacement for Samantha Bombard in the Plattsburgh office.

b) MD Live Enrollment and Utilization

Kristin Redmond reviewed the Excellus report for the period of July 1, 2018 through December 31, 2018.

Co-Chair Shafer asked Doug Gruzca if a message could be carried back to Excellus that when working with the providers; to lean on the hospitals to bring the costs down for radiology? Is it possible for the costs to be brought down closer to that of other local units? (Example: a MRI in Plattsburgh Imaging Center costs less than that of Alice Hyde Hospital in Malone.)

Doug reviewed the Telemedicine Activity Report which showed a total of 344 members registered as of the end of 2018. The estimated savings for 2018 by utilizing Telemedicine is \$10,704.

c) Status of Wellness Buy-Up Implementation

Brushton-Moira, Chateaugay, FEH, Malone, and St. Regis Falls have all signed up for biometric screening with Wellness Days scheduled within their Districts. Lake Placid has signed up and will be setting up a Wellness Day for its employees in the Fall.

Amber Spinner advised that Brushton-Moira has scheduled a keynote speaker from Excellus for a presentation called "What Your Health Plan Can Do For You?" She suggested other districts may want to take advantage of this opportunity as well.

Doug Gruzca stated that another item worth bringing up to employees during Districts' Wellness Days is the Behavioral Health Services available through MDLIVE. This option is part of Excellus' effort to improve access and availability to behavioral health services to its members.

EXPRESS SCRIPTS:

a) Six Month Report

Michelle Porter reviewed the Quarter 4 2018 report for the Commercial and EGWP programs. She stated that Angie White is stepping in for Kristin Graf for the time being.

Dan Tusa requested an updated list for the "Smart 90" Program from Michelle, specifically listing the savings along with participating pharmacies. She will send an updated copy to the Board.

Ernie Ruiz reported on the drug and specialty costs.

b) Migraine Care Value

There is a new program that is available for migraine care. The Migraine Care Value presentation will be sent to Stephanie and she will forward to the Board.

There is no cost associated with this program. Currently 5 members are using one of these new injectable migraine drugs. The average cost per patient per year without using a Migraine program is \$6,000. The Migraine Care Value Program will take 90 days to implement.

Co-Chair Shafer stated he would like Express Scripts to provide in writing a detailed explanation of the program along with the cost savings to provide to the Joint Governing Board and also bring this information to the September meeting.

Loretta Fowler asked if Express Scripts could reach out to the five members and ask if they would voluntary move to the mail order option. Michelle will check into this and get back to Stephanie to forward to the Board.

KBM REPORT:

a) Six Month Report

Patrick Cowburn reviewed the Six-Month 2018/19 Management Report.

b) <u>Recommendation to Secure a Medical Coverage Vendor for 7/1/19 – Excellus Pricing Proposal</u>

Patrick Cowburn stated he had worked with Excellus for a 3 year contract commencing July 1, 2019. The first year would be a 0.35% increase and the following 2 years would be a 3% increase each year.

Thomas Dodd stated he would recommend the Co-Chairs work with Excellus to negotiate these terms.

Thomas Dodd made a motion, seconded by Dan Bower, to authorize the Co-Chairs to work with Patrick Cowburn and Patrick Calnon to reach a successful negotiation with Excellus for a 3-year contract restricted to the percentages discussed and waiving the \$100,000 prescription drug integration fee.

Yes – 17 No - 0, Motion Carried

c) Premium Recommendations for 2019-20:

Patrick reviewed the 2019/20 Budget Worksheet. Dan Bower stated that he felt the percent increase needed to be at a lower percentage due to the tax cap and closer to where most districts were at, etc. A 3.5% increase would bring us to where we ended for this year.

d) Motion on Premium Recommendations

Jerry Griffin made a motion, seconded by Wayne Walbridge to set a 2% increase on premiums for the 2019-20 school year.

The Employee group requested a caucus at 1:45 PM...Returned 2:00 PM

Yes - 17

No - 0, motion carried

e) KBM Pricing Proposal July 1, 2019 – June 30, 2022 - Possible Motion

Patrick reviewed his proposal for a 3 year contract that indicated a 4% increase for 2019-20 with a 3% increase for each of the following 2 years.

Dan Bower made a motion, seconded by Eric Sharlow, to accept the proposal.

Yes - 17

No - 0, motion carried

f) Correspondence with the Board

Co-Chair Shafer advised the board that a retiree had reached out to the NYS Attorney General's Office asking for an explanation as to why the "Smart 90" program was not available to Medicare retirees and felt it was a violation of the law. Patrick Cowburn crafted a letter that was reviewed by our attorney and sent to the Attorney General's office. We have not heard anything back as of yet. Patrick is confident that we are on a rock solid ground with this matter. Co-Chair Shafer will keep the Board posted on this matter.

JGB GOALS PROGRESS REPORT:

a) Member Communication

Co-Chair Shafer was impressed that Express Script had already sent correspondence out regarding the SaveonSP program.

b) Vendor Contracts

A revised contract vendor list was presented to each member. This will be kept updated for future meetings.

c) MDLIVE Enrollment and Utilization

Co Chair Shafer stated that the presentation and discussion were done previously.

d) Exploration of Wellness Programs

Co-Chair Shafer stated if there were costs for a presenter at a Wellness Day, he felt that this could be taken out of their previously allocated funds as long as they stay within the allocated budget for their District.

Co-Chair Shafer further stated that BOCES can pay the vendor, utilizing the community schools CoSer and deduct the amount from their monthly health insurance bill.

The point of contact to complete this payment procedure is Rhonda Shorette-Peets. Districts were reminded that their allotted funds need to be used by September 30, 2019.

STOP LOSS COVERAGE 2019-20:	a) <u>Authorization for Co-Chairs to Procure Stop Loss Coverage for 2019-20 Based on KBM Recommendations</u>	
	Thomas Dodd moved, Seconded by Ellen Yousey, to allow the Co-Chairs to procure the stop loss coverage for the 2019-20 school year	
	Yes – 17 No - 0, motion carried	
DATE AND AGENDA FOR NEXT MEETING:	a) <u>Date</u>	
	Co Chair Shafer suggested a meeting date be put in between now and the end of the year for the sole purpose of providing detailed information on the history of the consortium, vendors, etc. This meeting would be open to Board members and future Board members as an educational opportunity as there will be some transition in the board for next school year. A date of May 23 rd was set for a 9am to 12pm time. Dan Bower indicated he would look into hosting the meeting at the Wild Center in Tupper Lake.	
	September 25 th was set for the first meeting of 2019-20 at AEC.	
	b) <u>Agenda Items</u>	
	Migraine Proposal Excellus ESI KBM AUM Update SAVEON Update reports Wellness Update Report	
ADJOURNMENT:		
	Tom Dodd thanked Co Chair Shafer on behalf of the Board in regards to their appreciation for all the work he has done to move the Consortium forward.	
	Amber Spinner moved, seconded by Eric Sharlow to adjourn the meeting.	
	Yes - 17 No - 0, motion carried	
	These minutes approved	
	Stephanie Bannon, Secretary	