

**FRANKLIN-ESSEX-HAMILTON SCHOOL DISTRICTS'  
HEALTH INSURANCE CONSORTIUM**

**JOINT GOVERNING BOARD MEETING**

<b>DATE:</b>	September 27, 2018
<b>LOCATION:</b>	Adirondack Educational Center, Saranac Lake, NY
<b>KIND OF MEETING:</b>	Regular
<b>MEMBERS PRESENT:</b>	Daniel Bower, Thomas Dodd, Loretta Fowler, Jerry Griffin (Arrived 9:10 AM), Natascha Jock, Todd LaPage, Suzanne Rivers (left at 11:05 AM), Leonard Sauers, Stephen Shafer, Eric Sharlow, Lisa Spangler (left at 2:30 PM), Amber Spinner, Art Trombley, Daniel Tusa, Wayne Walbridge, Ellen Yousey
<b>MEMBERS ABSENT:</b>	Cindy Moody, Patricia Godreau-Sexton
<b>OTHERS PRESENT:</b>	Dana Wood - Lake Placid CSD Cecily Dramm – Saranac Lake CSD Bob Smith - NYSUT Representative Brian Fassett - Capital Region BOCES Chantal Munoz - FEH BOCES Doug Gruzca - Excellus BC/BS Representative Jackie Cowan - Chateaugay Representative Jacob Tolosky - Labor Relations Representative Kristin Redmond- Excellus BC/BS Representative (Information Consultant) Kristin Graf - Express Scripts Representative Loren Fountaine - NYSUT Representative Michelle Porter - Keenan Representative Patrick Calnon - Plan Coordinator Patrick Cowburn - KBM Representative Stacy Vincent - FEH BOCES Stephanie Bannon - FEH BOCES Susan Perkins - BM/SRF Representative
<b>CALL TO ORDER:</b>	Co-Chair Shafer welcomed the Board to the meeting at 9:05 AM. He thanked Leonard Sauers for his service with the Lake Placid CSD and the JGB as he will be retiring. Leonard introduced Dana Wood as his replacement. Ellen Yousey then introduced Cecily Dramm as a potential replacement for her as she may be leaving at the end of this year. Todd LaPage, Superintendent of Brushton-Moira, was also introduced as this is his first official meeting with the JGB.  Douglas Gruzca introduced Kristin Redmond who will be replacing Jessica Willey (consultant for the group).

	<p>Co Shafer reviewed the Agenda and asked for any changes or revisions. There were no changes.</p>
<b>APPROVAL OF MINUTES:</b>	<p>Co-Chair Shafer asked for a motion to accept the minutes of the May 22, 2018 meeting. Thomas Dodd moved, seconded by Lisa Spangler to accept the minutes.</p> <p>Yes - 15 No - 0, motion carried</p>
<b>EXCELLUS REPORT: DOUG GRUCZA</b>	<p><u>a) 12 Month Report Through June 30, 2018:</u> Kristin Redmond reviewed the report for the period ending June 30, 2018.</p> <p>Kristin reviewed the report for MDLive and stated that education may be needed on the importance of utilizing the plan. One of the innovative programs surrounding gaps in care that Excellus rolled out in 2017 is the Whisper Program. This program utilizes Customer Service to remind members of healthcare gaps while interacting with the member. During the initial implementation of this program, Excellus has seen a 20% increase in colon cancer screenings. They are anticipating adding breast cancer screenings to this program.</p> <p>Doug stated that Excellus made a decision to no longer charge the .65 Per Member Per Month Administrative Fee as of July 1, 2018 for MDLIVE as Excellus is encouraging this beneficial benefit. A recommendation was made to promote Telemedicine for members. Co Chair Shafer suggested that Samantha Bombard attend other Districts to assist in setting members up in the MDLIVE program and Districts should contact her directly if they would like to set this up.</p> <p>Doug clarified that MDLIVE is not available to members who have Medicare as their primary coverage. Co Chair Tusa requested a one page document that members could review to assist members in registering. Doug will send a full tutorial document with screenshots as well as a condensed 1-page version to Stephanie to disseminate to the JGB.</p> <p><u>c) Flu Shot Program:</u> Doug reviewed that some participating vendors will come to the Districts for a Flu Clinic at no charge. Stephanie stated that she has gone through Walgreen with no charge to the District. A question arose as to whether children 18 and under can be given their shots at clinics. Doug stated that he would check on this and get back to the JGB.</p> <p>Kristin Graff provided a document regarding information on Influenza and the flu shots that Stephanie will forward to JGB. FEH BOCES and Malone CSD have set up a flu shot clinic for October 18<sup>th</sup> from 1:30 PM to 4:30 PM to be held at Franklin Academy.</p> <p><u>d) Overview of Process for Setting Provider and Service Cost:</u></p> <p>Doug stated that Excellus negotiates with providers for discounts to provide the best cost savings to the Consortium. These prices range by geographic areas.</p>

**EXPRESS SCRIPTS:  
KRISTIN GRAF**

a) 12 Month Report Through June 30, 2018:

Kristin Graf stated that CIGNA and Express Scripts have been approved to merge by the end of 2018. Express Scripts will retain the name at this time. There will be no impact on members. Express Scripts will provide regular communication before and after the merger closes.

She reviewed the report information through June 30, 2018. Plan costs went up 6.1%. She indicated that inflation was the biggest cost driver.

Diabetes remains number one as the top indicator by plan cost. Diabetes medications continue to rise in price. Cholesterol has left the Top 10 this year due to more generic medications becoming available recently.

b) Report on Approved Programs:

Kristin reviewed the Advanced Utilization Management Savings for July 2017 to June 2018. The total Net AUM Savings was \$320,141.

c) Save On (Potential Action):

Kristin reviewed the SaveonSP program (a Copay assistance savings program). With SaveonSP, copays are increased to maximize manufacturer funding. This program reduces the patient's responsibility to zero. There is an estimated savings of \$331,000 to the Consortium for the 45 members eligible for the program. Discussion ensued regarding the specific details of this new program. Rates and medications covered can change each year. This is for the Commercial plan; not Medicare/EGWP members.

Loren Fontaine suggested that this should be reviewed by a lawyer.

Co Chair Shafer asked if the group would like to request to get a legal review for the information submitted by Kristin. Information submitted would be reviewed by Ferrara & Fiorenza P.C.

Co Chair Tusa asked if language could be added so that if members opt out of the program that they are able to pay the regular co-pay. Kristin stated that the language could not be modified. The language clearly states what the co-pay would be if members do not participate in this program.

Eric Sharlow asked Kristin to provide the group with a one-page document with highlights of this program. Kristin stated she can also provide sample letters that would go out to the members to have our legal counsel review. SaveonSP can be implemented at any time. SaveonSP is only available exclusively through Express Scripts.

<p><b>KPPC (KEENAN PHARMACY PURCHASING COALITION): MICHELLE PORTER &amp; BRIAN FASSETT</b></p>	<p><u>a) Report on Programs including USRx:</u></p> <p>Michelle Porter reviewed information and savings programs that we have had since the implementation of the Program. The total savings including the performance guarantees and rebates for 2016 and 2017 was \$5,214,641. Patrick Cowburn asked why it took so long to get the contracts as we just received them in August for 2018. Michelle indicated that the revised 2018 rates are in place even though we did not have a contract. The goal is to have the 2019 contract well in advance of the 2019 year.</p> <p>The US-Rx Vendor Contract may be set to expire in December 2018. Co Chair Shafer will review the minutes and advise the board.</p> <p>Break for Lunch – returned at 1:05pm</p> <p>A motion was made by Dan Bower, seconded by Amber Spinner to extend the USRX program for an additional year.</p> <p>Following further discussion, Dan Bower moved, seconded by Amber Spinner to amend the motion to continue this program through until further action is taken to cancel the program.</p> <p style="text-align: center;">Yes – 14 No - 0, motion carried</p> <p><u>b) AUM for Specialty Medications Program Presentation:</u></p> <p>Michelle Porter reviewed the Keenan Pharmacy Care Management Specialty Advantage program. There is \$1.50 PM/PM charge for this with a 100% guarantee. Kristin will remodel the program based on the current program we have and provide a report. Specialty meds will need to have a prior authorization before meds will be approved. USRX will work directly with physician, not the member.</p> <p>Co Chair Shafer stated that both Keenan and ESI will price this out and bring to the next meeting. This would be for Commercial only and would not include EGWP members.</p>
<p><b>KBM: PATRICK COWNBURN</b></p>	<p><u>a) Year End Management Report:</u></p> <p>Patrick Cowburn reviewed the 2017-18 Year-End Management Report and stated that he felt overall the plan was doing well.</p> <p><u>b) Legislative Update:</u></p> <p>Patrick stated that there were not many changes on the legislative side. He stated the Cadillac tax is still in place, but he anticipates changes prior to its 2022 effective date. He stated that the Small Group legislation requiring groups under 100 buy insurance from the small group pool market. Legislation has passed in both state houses and is awaiting the Governor’s signature to extend the exemption date for municipalities to 2024. The present exemption sunsets at the end of 2019 or end of the 2019/20 plan year.</p>

	<p><u>c) Smart 90 Type Option for EGWP:</u>  Pat reviewed the cost to implement a 90 day program for EGWP employees as under Medicare Law, this is currently not available. To add this benefit would cost the Consortium \$46,000. Currently, EGWP members can get a 90-day supply through mail order.</p> <p>Following discussion, Loretta Fowler moved, seconded by Lisa Spangler to retain our current benefit program for EGWP which follows the federal law.</p> <p style="text-align: center;">Yes – 14  No - 0, motion carried</p>
<p><b>JGB GOALS FOR 2018-19:</b></p>	<p>Co Chair Tusa distributed the Proposed FEH Joint Governing Board Goals for 2018-19.</p> <p>Eric Sharlow requested Co-Chair Shafer to bring the list of agenda items back to the Board of Directors also.</p> <p>Co Chair Shafer stated he attended a meeting where the American Heart Association spoke and felt it was very worthwhile.</p> <p>Art Trombley asked if a Wellness Plan should be added to the list. Kristin stated that there is a free app through Mango Health. It was suggested that we look for the free programs that are already available through our current vendors.</p> <p>Amber Spinner stated that Brushton-Moira had a Wellness Day that was well attended and employees were happy with. Their day consisted of diabetic screenings, vision testing, hearing testing along with distributing additional information available in regards to wellness for our members. Co Chair Shafer asked to have a copy of this information sent to him.</p> <p><u>b) Continue Vendor Contract Summary:</u>  A copy was distributed to each board member.</p> <p>Eric sharlow moved, seconded by Ellen Yousey to request Patrick Cowburn to do an RFI for Excellus BC/BS.</p> <p style="text-align: center;">Yes – 14  No - 0, motion carried</p> <p>Patrick Cowburn stated that Doug Grucza could bring a wellness representative to the next meeting. Kristin Graf will bring someone as well.</p> <p>Amber Spinner moved, seconded by Art Trombley to approve the proposed goals with the addition of adding some wellness programs.</p> <p style="text-align: center;">Yes - 14  No - 0, motion carried</p>

	<p><u>c) Other:</u>  Co Chair Tusa reviewed the Municipal Cooperative Agreement. This agreement states that any school district in FEH BOCES are open to join our consortium. There is a rumor of other districts out of FEH being interested in joining the Consortium. Unfortunately, at this time, our response to this interest was no. Due to the agreement, opening up to Districts outside of the FEH BOCES is not a possibility.</p>															
<p><b>DATE AND AGENDA FOR NEXT MEETING:</b></p>	<p>The next meeting will be held on November 28, 2018 at the North Franklin Educational Center in Malone starting at 9:00 AM. This meeting will request the attendance of District Presidents and Representatives.</p> <p>A list of action items needed for the 11/28 Meeting:</p> <ul style="list-style-type: none"> <li>○ SaveonSP including Consortium Legal Opinion</li> <li>○ Response to RFI (Excellus) possible action</li> <li>○ Specialized Advanced Utilization</li> <li>○ Wellness Presentations – possible action</li> </ul> <p>It was requested to have this information one week prior to the meeting to give Board Members a chance to review prior to the meeting.</p> <p>Jerry Griffin made a suggestion to modify future agendas to include Action Items. It was requested that the agenda be more organized and action items be moved ahead in the meeting. This would ensure voting numbers and JGB participation.</p> <p>Co Chair Shafer stated that the agenda can be worked on and requested more input from the JGB going forward.</p>															
<p><b>DISTRICT FLU SHOT CLINICS:</b></p>	<p style="text-align: center;"><b><u>District Flu Shot Clinics</u></b></p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th style="text-align: center;"><u>District</u></th> <th style="text-align: center;"><u>Date</u></th> <th style="text-align: center;"><u>Provider</u></th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">FEH BOCES/ Malone CSD</td> <td style="text-align: center;">10/18/18</td> <td style="text-align: center;">Walgreens</td> </tr> <tr> <td> </td> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> <td> </td> </tr> <tr> <td> </td> <td> </td> <td> </td> </tr> </tbody> </table>	<u>District</u>	<u>Date</u>	<u>Provider</u>	FEH BOCES/ Malone CSD	10/18/18	Walgreens									
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<b>ADJOURNMENT:</b>	Meeting adjourned 2:45 PM
	These minutes approved <u>11-28-2018</u> <u>Stephanie P. Bannon</u> Stephanie Bannon, Secretary