## FRANKLIN-ESSEX-HAMILTON SCHOOL DISTRICTS' HEALTH INSURANCE CONSORTIUM

## JOINT GOVERNING BOARD MEETING

DATE:	November 20, 2019	
LOCATION:	North Franklin Educational Center, Malone, NY	
KIND OF MEETING:	Regular	
MEMBERS PRESENT:	Alison Riley-Clark - FEH BOCES Stephen Shafer – FEH BOCES Amber Spinner - Brushton-Moira Todd LaPage - Brushton-Moira Loretta Fowler- Chateaugay Vicki Gardinier – Chateaugay Jenny Winch - Lake Placid Dana Wood - Lake Placid Jerry Griffin – Co-Chair, Malone Daniel Tusa – Co-Chair, Malone	Kristie Eddy - Salmon River Natascha Jock - Salmon River Cindy Moody- Saranac Lake Joseph Ianaconi – St. Regis Falls Timothy Seymour – St. Regis Falls Lisa Spangler- Tupper Lake Daniel Bower - Tupper Lake
MEMBERS ABSENT:	Julia Rushford	
OTHERS PRESENT:	Stephanie Bannon - FEH BOCES Chantal Munoz - FEH BOCES Stacy Vincent - FEH BOCES Susan Perkins – SRF/Brushton Patrick Cowburn – KBM Patrick Calnon - Plan Coordinator Michele Porter – Keenan Joey Aschoff - Keenan	Thomas Dodd - Lake Placid (Shadowing) Maggie Baum - Express Scripts Doug Grucza – Excellus BC/BS Dean Moffo - Excellus BC/BS Loren Fountaine – NYSUT Eric Sharlow – Salmon River (Shadowing) Doug Cochran – Saranac Lake (Union President - Shadowing)
CALL TO ORDER:	Co-Chair Griffin called the meeting to order at 9:05 AM.	
APPROVAL OF MINUTES FROM SEPTEMBER 25, 2019:	Co-Chair Tusa asked for a motion to accept the minutes of the 09/25/19 meeting. Stephen Shafer moved, seconded by Kristie Eddy to accept the minutes. Yes - 17 No - 0, motion carried	
EXCELLUS:	<ul> <li><i>a)</i> <u>First Quarter Report</u> Doug Grucza reviewed the Health Plan Management Report for the period of July 1, 2019 through September 30, 2019. Discussion ensued regarding ways we can encourage members to sign up for the MD Live Program (Telemedicine). Doug said we could have Alicia come to the Districts and assist people with enrolling members. Doug indicated that as of September 1<sup>st</sup> members would need to re-enroll.</li> </ul>	

	<ul> <li>Co Chair Griffin stated he would like to have Doug send us the links by the end of the day and we can forward to JGB members and the Health Insurance Clerks to forward to members.</li> <li>Patrick Cowburn will create a one page sheet indicating the costs amounts for a visit for ER/Doctor Visit//Urgent Care.</li> <li>Stephen Shafer asked questions on the costs for medical services at UVM and Champlain and why UVM was more costly. Doug said they are working on getting the costs the same for procedures the same at both hospitals. He will invite a representative to come to next meeting.</li> <li>b) Update on Wellness Efforts Dean Muffo reviewed information on the Wellness Care Management Plan and what programs it offers. Pat Cowburn stated that we may want to let members know that we also have a 24/7 Nurse Call Line that members may utilize. He reviewed the Wellframe application that is available to all members and at no additional cost.</li> <li>If any District is interested in having a Wellness Allocation/Spend Screening report. Stephen Shafer reviewed this report. A little more than a third was actually spent. An overall aggregate was done for each District who participated and is available for any District who may be interested in reviewing them. Jerry Griffin stated he had received positive comments from many members who appreciated the Excellus Biometric Screening that the District had offered. Discussion ensued regarding the wellness money for next year and that there should be some information on what this money can be spent on.</li> </ul>
EXPRESS SCRIPTS:	<ul> <li><i>a)</i> First Quarter Report Maggie Baum reviewed the First Quarter Report for the period of July 1, 2019 through September 30, 2019.</li> <li>Maggie reviewed a program, RationalMed, which has been part of Express Scripts for the last twenty years. This program integrates both medical and pharmacy claims to monitor prescriptions that may have an adverse effects on certain health issues.</li> <li>Doug Gruzca stated there may be a fee from Excellus for the integration process for this program. Maggie will bring back more detailed information for discussion at the February JGB meeting.</li> <li>b) <u>Summarization Report on all Programs Including Costs and Savings</u> Maggie reviewed the programs that the JGB had put in place and the program savings that had occurred.</li> <li>Michele Porter indicated she has been promoted to a new position and that Joey Aschoff would be her replacement.</li> </ul>

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KBM REPORT:	<ul> <li><i>a)</i> <u>First Quarter Report</u> Patrick Cowburn reviewed the 2019-20 Three-Month Management Report. Todd LaPage asked how the funds were being invested. Stephen Shafer stated he would look into this and let the board know. It is currently being invested in a number of different ways and at different intervals. Patrick Cowburn reviewed the projected surplus with an annual 7% budget increase through 2025-26, showing that our fund balance would be decreasing.</li> <li>Patrick indicated that effective with our reopening date in July, In Vitro Fertilization will be covered for 3 treatments, which will increase the costs.</li> </ul>
	b) <u>Small Group Health Insurance</u> Patrick gave an update on the Small Group Health Insurance Act. Legislature wants anyone with under 100 employees to be in a community rated plan. The law went into effect in 2015. Previously the bill was extended for another 5 years. The Governor approved for another 2 years and will take us out through 2022. There may be solutions in the future if this law does not continue after the 2022 date.
JGB GOALS PROGRESS REPORT:	<ul> <li>a) <u>Member Communication</u> JGB members can give Doug's email and pass on slides and information on the MD Live program.</li> <li>b) <u>Vendor Contracts</u> Update vendor contract report was given to each JGB member. Excellus is currently on a 3 year annual basis ending June 2022.</li> <li>c) <u>Support for Wellness Programs 2019-20 Allocation (Action Item)</u> Co Chair Griffin stated the general consensus was that the wellness program was important and to allocate additional funds for this year.</li> <li>Co Chair Griffin reviewed a discussion that was had at lunch and stated the following recommendation:</li> <li>"Motion to approve an allocation of \$195,000 to be distributed among each district for wellness activities and Excellus biometric screenings, provided a report of district activities are given to the consortium two times per year in February and September. Each district in order to access funds for wellness activities must offer base-level biometric screening through Excellus. Funds are available today, November 20, 2019, through December 31, 2020."</li> <li>It was recommended that a committee group be formed to create a list of guidelines and ideas for what this money can be used for.</li> <li>Amber Spinner moved, seconded by Loretta Fowler to accept this motion indicating that Biometric screenings must be done by Excellus.</li> <li>Following further discussion, Co-Chair Griffin revised the motion to read as follows:</li> <li>"Motion to approve an allocation of \$195,000 to be distributed among each district for wellness activities and Excellus biometric screenings, provided a report of district activities are given to the consortium two times per year in February and September. If a district offers base-level biometric screenings they must conduct these through Excellus. Funds are available today, November 20, 2019 through December 31, 2020."</li> </ul>
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	Amber Spinner and Loretta Fowler accepted the revised motion.
	Yes – 17 No- 0, motion carried Co Chair Tusa asked for volunteers to create a sub committee group for working on the Wellness Funding. Loretta Fowler, Amber Spinner, Alison Riley-Clark, Jenny Winch, Tim Seymour and Dan Bower volunteered and Loretta Fowler was elected to Chair the committee.
DATE AND AGENDA FOR NEXT MEETING:	The next meeting is scheduled for February 3, 2020 at Adirondack Educational Center in Saranac Lake. Amber Spinner moved, seconded by Lisa Spangler to adjourn the meeting Yes – 17 No- 0, motion carried
ADJOURNMENT:	Meeting adjourned at 2:20 PM.
	These minutes approved